

T/M 16 november 2008		1500m	3000m	5000m	10 km	15 km	16,1 km(10EM)	21,1 km	30 km	42,2 km
Netty	Arendse	0:06:32	0:15:28	0:24:10	0:49:33	1:21:41	1:28:03	1:56:39	2:54:57	4:31:46
Cisca	Bakker	-	-	-	-	-	-	-	-	-
Gerard	Bakker	0:05:42	0:12:39	0:21:10	0:42:02	-	-	1:36:51	-	-
Paul	Bakker	0:05:35	0:11:51	0:20:41	0:43:25	-	1:11:58	1:36:35	2:29:06	3:32:52
Jan	Banning van	-	-	-	-	-	-	-	-	-
Gerard	Barlag	0:05:20	0:11:51	0:20:31	0:40:48	-	1:08:23	1:33:10	-	3:59:10
Carola	Beek van	-	-	-	-	-	-	-	-	-
Inge	Beem van	0:07:01	0:14:50	0:26:13	0:51:35	1:21:38	1:33:00	1:59:45	-	-
Martin	Beem van	-	-	0:24:24	0:44:30	1:12:11	1:14:57	-	2:22:55	3:36:12
Suze	Beusekom-Passenier van	-	-	-	-	-	-	-	-	-
Ton	Biesot	0:05:41	0:12:48	0:21:49	0:46:11	-	-	1:56:20	-	-
Arno	Blok	0:05:33	0:12:13	0:21:44	0:45:37	-	1:20:02	1:50:03	-	4:44:44
Beppie	Bodegraven van	-	0:16:35	-	-	-	-	-	-	-
Piet	Boer de	-	0:15:29	0:25:12	0:54:30	-	1:35:30	-	-	-
Yolanda	Bolleurs	-	0:16:39	-	0:56:38	-	1:49:57	2:13:10	-	-
André	Boom	0:05:35	0:11:55	0:20:24	0:41:03	1:06:52	1:09:35	1:30:02	2:16:09	3:31:54
Charles	Borgsteede	0:06:27	0:13:48	0:22:42	0:50:25	-	-	-	-	4:22:00
Martin	Breedijk	-	-	0:17:53	0:35:00	-	1:01:44	1:16:51	-	2:52:46
Bert	Brink van den	0:06:30	0:13:56	0:23:52	0:47:15	-	1:21:44	1:49:06	-	-
Jacques	Bron	0:04:39	0:10:18	0:17:58	0:36:37	0:57:13	1:01:54	1:21:57	-	-
Ineke	Brouwer	0:07:36	0:17:02	0:26:05	0:57:42	1:33:52	1:34:14	2:10:17	-	5:02:39
Francis	Bruijn de	-	-	-	-	-	-	-	-	-
Rosa	Cabau-Santamans	0:07:24	0:14:43	0:26:12	0:51:59	-	1:37:12	1:55:59	-	-
Inge	Cupers	-	-	0:21:57	0:44:56	1:17:43	1:15:39	1:44:27	-	-
Henk	Dijk van	0:05:59	0:13:04	0:23:10	0:46:19	-	1:18:53	1:44:35	2:29:42	3:57:51
Marja	Dobbelaar	-	-	0:28:15	1:00:45	-	1:38:47	1:43:00	-	-
José	Dooren van	0:07:43	0:16:04	0:27:33	0:53:26	1:22:05	1:32:33	1:57:18	3:36:30	4:27:59
Carla	Duijn	-	-	-	-	-	-	2:15:49	-	-
Jacqueline	Edixhoven	0:06:38	0:13:56	0:23:22	0:48:30	-	1:25:35	1:55:04	-	4:29:05
Paola	Edixhoven	0:07:01	0:14:35	0:24:47	0:53:06	-	1:27:23	1:58:00	-	4:45:15
Yvonne	Egberts	-	-	-	-	-	-	-	-	-
Marjorie	Even-de Miranda	-	-	-	-	-	-	-	-	-
Carla	Fluijter	-	-	-	-	-	-	-	-	-
Gijsbertus	Fluijter	-	-	-	-	-	-	-	-	-
Andy	Foe	0:05:24	0:11:56	0:20:21	0:41:15	-	1:12:39	1:39:55	2:31:57	3:50:00
Marleen	Foe-Louis	0:07:01	0:15:28	0:26:14	0:57:20	-	1:44:09	2:18:53	-	-
Yvonne	Frijters-Schönhage	-	0:16:41	0:26:11	-	-	-	-	-	-
Ineke	Galiën-Kok van der	0:07:07	0:15:11	0:26:32	0:53:09	-	1:32:54	2:01:00	-	5:14:10

T/M 16 november 2008		1500m	3000m	5000m	10 km	15 km	16,1 km(10EM)	21,1 km	30 km	42,2 km
Henk	Geld van der	-	-	-	-	-	-	-	-	-
Anita	Geurs	-	-	-	-	-	-	-	-	-
Sandra	Graaf de	0:07:37	0:16:01	0:28:14	1:00:45	-	1:50:03	2:23:05	-	-
Jenny	Groenewoud	0:06:56	0:14:51	0:23:53	0:48:18	-	1:22:04	1:52:13	2:49:05	4:17:11
René	Groenewoud	0:05:18	0:11:49	0:19:43	0:40:44	-	1:08:25	1:30:35	-	3:27:57
Erik-Jan	Gunnink	0:04:50	0:10:11	0:18:05	0:37:34	-	1:09:44	-	-	-
Louis	Hegeman	-	-	0:29:34	0:58:58	-	1:50:53	-	-	-
Sjef	Hogenes	0:06:19	0:12:58	0:22:39	0:44:29	1:21:11	1:13:15	1:35:10	-	4:17:55
Cees	Hoogendijk	0:05:43	0:12:40	-	-	-	-	1:44:27	-	-
Ellen	Hulsbergen Henning-Mulder	-	-	-	0:57:46	-	-	-	-	-
Jos	Huppelschoten	0:05:36	0:11:52	0:20:46	0:44:22	-	1:15:12	1:41:45	-	-
Tom	Jaburg	0:05:37	-	0:22:10	0:43:42	1:13:09	1:19:38	1:41:16	2:25:12	3:45:24
Jos	Joosten	0:05:45	0:11:36	0:20:04	0:41:14	-	-	1:39:02	2:41:02	3:37:20
Quant	Koese	0:05:45	-	0:20:44	0:44:23	1:06:55	-	1:49:03	-	-
Jappe	Kok	-	0:15:03	-	-	-	-	-	-	-
Anja	Komen	-	0:19:07	-	0:48:53	-	-	2:23:22	-	-
Jaap	Koning	0:05:14	0:10:57	0:18:44	0:37:07	0:59:33	1:04:04	1:25:16	2:08:10	3:19:25
Kees	Kooter	-	-	0:22:32	0:49:08	-	1:28:35	-	-	-
Lia	Kooter	0:06:25	0:14:36	0:23:15	0:49:50	-	1:24:03	1:49:04	-	-
Rita	Kuijper	0:07:23	0:15:39	0:27:29	0:54:53	-	1:35:57	2:05:12	-	-
Kees	Laan van der	0:05:19	0:11:24	0:20:29	0:42:06	-	-	1:38:59	-	-
Theo	Laan van der	0:05:33	0:12:52	0:21:08	0:43:41	-	1:12:00	1:33:49	-	3:34:35
Ingrid	Lagendijk	-	0:16:40	-	-	-	-	-	-	-
Inger	Leeuwen van	-	-	-	0:56:57	-	-	-	-	-
Gisela	Liew	-	-	-	-	-	-	-	-	-
Henny	Limborgh van	-	-	-	-	-	-	-	-	-
Jos	Linde van der	-	0:16:22	-	-	-	-	-	-	-
Daniëlla	Losekoot	-	-	-	-	-	-	-	-	-
Cynthia	Louis	-	0:18:09	0:29:43	-	-	-	-	-	-
Bas	Masteling	0:04:55	0:11:49	-	0:45:58	-	-	-	-	-
Cora	Meere	0:07:27	0:16:12	0:27:35	1:00:05	-	-	-	-	-
Marjolein	Meere	0:06:21	0:13:28	0:23:44	0:46:34	-	1:26:07	-	-	-
Jan	Mooijekind	-	-	-	-	-	-	-	-	-
Jan	Mulder	0:04:32	0:09:49	0:16:50	0:35:25	1:00:28	0:59:42	1:18:04	1:57:07	3:07:42
Regina	Mulder	0:07:55	0:16:10	0:28:03	0:55:55	0:00:00	1:39:42	2:06:31	-	5:39:19
Monika	Nierop-Marinus	0:06:46	0:14:58	0:25:28	0:51:01	-	1:23:20	1:56:58	-	4:13:04
Ruud	Nieuwenhuis	0:05:14	0:10:47	0:18:47	0:38:27	-	1:07:39	1:34:28	-	-
Lia	Nijskens	-	-	-	0:47:46	-	1:25:06	1:55:03	-	-

T/M 16 november 2008		1500m	3000m	5000m	10 km	15 km	16,1 km(10EM)	21,1 km	30 km	42,2 km
Hortense	Nollet	-	-	0:23:15	0:45:24	1:14:01	1:19:59	1:45:17	-	-
Nico	Noordermeer	0:05:57	-	0:21:49	-	-	-	-	-	-
Mary	O'Reilly	-	-	-	-	-	-	-	-	-
Joke	Ouden den	0:07:03	0:14:53	-	0:49:28	-	1:22:29	1:52:21	2:49:05	4:14:55
Nijs	Ouden den	0:05:44	0:12:13	0:21:50	0:45:56	-	1:16:15	1:42:47	2:31:57	3:49:42
Chris	Overdevest	-	-	-	0:58:06	-	-	-	-	-
Leon	Overdevest	-	-	-	-	-	-	-	-	-
Aldy	Piels	-	0:15:53	0:26:28	0:57:44	-	-	-	-	-
Els	Raap	0:05:04	0:10:53	0:18:35	0:39:26	1:08:17	1:05:26	1:29:44	2:34:11	3:32:15
Mieke	Reijnders	-	-	0:30:01	1:05:30	-	-	-	-	-
Ramses	Rikkert	-	-	-	0:48:21	-	-	1:59:42	-	-
Chris	Ronde de	-	-	0:23:14	0:45:05	1:14:40	1:25:33	1:42:38	-	-
Jo	Rooij de	-	-	-	-	-	-	-	-	-
Johan	Rozenstraten	-	-	-	0:47:45	1:17:26	1:23:08	1:52:06	-	-
Tony	Schrama	-	0:16:32	0:29:05	1:01:31	-	1:54:01	2:18:46	-	-
Marianne	Schuringa	0:07:24	-	-	-	-	-	-	-	-
Sandra	Siebeling	-	-	-	-	-	-	-	-	-
Evert	Slaman	0:05:16	0:11:25	0:20:19	0:41:05	-	1:08:24	1:29:00	2:18:45	3:22:26
Marijke	Slaman	-	0:15:09	0:28:28	0:51:00	-	-	-	-	-
Gerard	Smeerdijk van	-	0:11:23	0:19:57	0:39:15	-	1:07:01	1:31:00	2:16:50	3:21:58
Sander	Speekenbrink	0:05:56	-	0:19:37	0:41:26	-	1:10:30	1:30:01	-	-
Rob	Staverden van	0:06:32	0:13:36	0:24:35	0:50:15	-	-	-	-	-
Angélica	Stevens	0:07:43	-	-	0:57:16	1:35:50	1:35:53	2:09:38	-	5:02:39
Leo	Swaan	0:05:37	-	0:20:26	0:42:52	-	1:10:24	1:34:28	-	3:47:55
Babs	Taal	0:08:54	-	0:29:30	1:02:00	-	1:54:01	-	-	-
Arjan	Tang van der	-	-	-	-	-	-	-	-	-
Maud	Terpstra-Smeijsters	-	-	-	-	-	1:52:22	-	-	-
Sjef	Thij ten	0:06:00	0:12:11	0:22:54	0:44:29	-	1:17:20	1:48:33	-	3:34:35
André	Veen van der	0:06:14	0:13:44	0:23:09	0:47:15	1:23:25	1:22:22	1:49:15	-	4:18:58
Herman	Verhaar	0:05:10	0:11:21	0:18:41	0:37:50	-	1:04:39	1:25:38	-	-
Gilles	Visser	0:05:00	0:10:50	0:18:44	0:38:48	1:02:26	1:06:08	1:28:05	2:19:24	3:19:35
Jan	Visser	0:05:06	#VERW!	0:20:02	0:40:39	-	1:08:34	1:32:17	2:18:45	3:35:56
Stannie	Vliгентhart	-	-	-	-	-	-	-	-	-
Jan	Vlietstra	-	-	-	-	-	1:32:26	1:58:23	-	-
Annemarie	Volmer	0:07:35	0:16:09	0:26:54	0:55:28	-	1:33:23	2:08:47	-	-
Adriaan	Voskuilen	-	-	-	-	-	-	-	-	-
Jacob	Vries de	-	-	-	-	-	-	2:26:47	-	-
Alaaddin	Vural	0:05:58	-	0:21:25	0:43:00	1:09:31	1:13:29	1:35:48	2:28:36	3:31:15

